

Thinking into Character (TiC) is an exciting, life-changing programme based on hundreds of years of intense research into the science and methodology of personal achievement. It includes teachings from many inspirational entrepreneurs and leaders.



This enables individuals to build happy, successful lives and to achieve all of their goals and dreams, both educational or professional and personal.

- Never before have there been so many challenges and pressures facing society. This programme addresses these issues and puts in place life changing processes to overcome anything.
- There is an emphasis on character which is key to achieving goals. Good character enables an individual to do what they have never done before, go where they've never been before and become the person they are destined to be.
- Participants will be guided by Dr. Selva Pankaj, CEO of Regent Group. TiC is a personal transformation programme delivered digitally to ensure your mind-set becomes a part of your thinking and actions, your behaviour and your results.
- TiC is different to other programmes which traditionally focus on learning only. This programme focuses on taking what you know and actually doing something with it. There is a huge gap between what people know and what they do.

Who is the Programme for?

Individuals who wish to:

- **Build confidence and character**
- **Identify and achieve their BIG goals**
- **Attain better grades or qualifications**
- **Be accepted at their preferred university or further education institution; or pursue an apprenticeship or become an entrepreneur**
- **Build a successful career in their dream company or industry**
- **Develop a strong sense of self-belief, resilience and persistence**
- **Overcome anxieties and negative self-image**
- **Eliminate negative non-productive habits/thoughts and replace with positive ones**
- **Develop a positive attitude to life**
- **Be happy and successful**

What does the Programme include?



Digital lessons to be completed at your own pace plus additional bonus lessons from Dr. Selva Pankaj



These video based lessons can be easily accessed 24/7 by smart phone, laptop and mp3 recordings



An e-Participant's Handbook which includes an overview of each lesson, key highlights, worksheets, reading material relevant to each lesson and assignments to further implement life-long learning



Invitation to Thought Leadership Seminars

TiC lessons

- **Lesson One: Setting Goals**

Focuses on how to select and achieve goals that are worthy of YOU – goals that promote your growth.

- **Lesson Two: Bridging the Gap**

You will discover how to bridge the enormous gap between what you know how to do and what you actually do. You will be amazed at how different your life looks.

- **Lesson Three: The Power of your Mind**

Building on your knowledge of paradigms and their limiting results, you will learn how to replace negative fixed habits with positive and productive ones.

- **Lesson Four: The Stick Person**

Provides a deeper understanding of how your mind works and how to shift your thinking to reach your goals. You will learn how you can control the thoughts you think.

- **Lesson Five: Miracle of your Mind**

How to activate your mental faculties to achieve your goals - perception, will, imagination, memory, reason and intuition.

- **Lesson Six: Creating your Results**

A huge crisis of negative self-image is affecting society. This lesson focuses on improving the self-image you hold in your sub-conscious mind. Literally re-write your script to have the life you deserve.

- **Lesson Seven: Breaking the Terror Barrier**

You will identify and break through the barriers that can sabotage your success (such as fear of failure, doubt, procrastination). You will see that if what you are doing isn't scaring you a little, then you are probably going in the wrong direction.

- **Lesson Eight: Your Beliefs with Behaviour**

You will closely examine your beliefs and learn how to integrate healthier ones with your behaviour.

- **Lesson Nine: The Magic Word**

This lesson can change your results faster and more dramatically than anything else. Learn how a great attitude, combined with talent and ability, is the key to everything you desire.

- **Lesson Ten: The Most Valuable Person**

Are you a leader or a follower? Leadership has no age barrier or constraints except those which we impose on ourselves. Learn what makes an effective leader starting by being an effective follower.

- **Lesson Eleven: A Valuable Destination**

We examine the impact of leaving everyone you meet with the impression of increase and how that also enriches you.

- **Lesson Twelve: It is Easy to Win**

This final lesson reviews what you have learned in previous lessons and provides some very practical steps for achieving your goals one day at a time. You are now ready to live the life you desire and deserve.

- **Additional Ten Bonus Lessons**

There are an additional ten shorter bonus lessons to further enhance your learning.

The TiC methodology is practiced by the most successful people in the world. Completion of these lessons will not only facilitate a paradigm shift for you but will allow you to achieve quantum leaps with your personal and academic or professional goals. You will reap the benefits of life-long learning by constant spaced repetition. By following these principles you will achieve unprecedented success in your life.



Benefits

You will gain a permanent change in your thinking and behaviour which will enable you to achieve all of your goals and dreams.



More specifically you will:

- Set goals which inspire you and help you move forward.
- Achieve significant growth and results in your academic or professional life.
- Improve your self-image and re-write the script of your life.
- See the connection between your beliefs and behaviour.
- Feel more valued, supported and appreciated.
- Begin implementing things. You will change your behaviour so that it closes the gap between what you know and what you do.
- Be more focused and empowered leading to dramatic results in your academic or professional and personal life.
- Develop your creativity and find innovative solutions to challenges.
- Turn your non-productive actions into productive actions making you more efficient.
- Overcome personal fears and overcome barriers to success.
- Develop qualities of leadership.
- Align your thoughts, beliefs, attitude and actions to make big changes in your life.