



## 6. THE NATURAL LAWS OF THE UNIVERSE

### The Law of Perpetual Transmutation

- Energy moves into physical form.
- The images you hold in your mind most often materialise in results in your life.

### The Law of Relativity

- Nothing is good or bad, big or small, until you relate it to something.
- Practice relating your situation to something much worse and yours will always look good.

### The Law of Vibration

- Everything vibrates, nothing rests.
- Conscious awareness of vibration is called feeling. Your thoughts control your paradigms and your vibration.
- When you are not feeling good, become aware of what you are thinking, then think of something pleasant.

### The Law of Polarity

- Everything has an opposite: Hot and cold. Up and down. Good and bad.

**When you are on a down swing, do not feel bad. Know the swing will change and things will get better. There are good times coming – think of them.**

**“You’ve got to do it by yourself, and you can’t do it alone.”**

**Martin Rutte**

### The Law of Rhythm

- The tide goes out and comes back in. Night follows day. Good times, bad times.
- When you are on a down swing, do not feel bad. Know the swing will change and things will get better. There are good times coming — think of them.

### The Law of Cause and Effect

- Whatever you send into the universe comes back. Action and re-action are equal and opposite.
- Say good things to everyone, treat everyone with total respect, and it will all come back.
- Never worry about what you are going to get, just concentrate on what you can give.

### The Law of Gender

- Every seed has a gestation or incubation period. Ideas are spiritual seeds and will move into form or physical results.
- Your goals will manifest when the time is right. Know they will.