

LEVELS OF AWARENESS



Animal

The 1st Level is called — Animal

This first level on the Seven Levels of Awareness is about reaction. Animals react when faced with a threatening situation — it's fight or flight. We humans do the same. Something happens and we react instinctively! A driver cuts us off in traffic and we curse at them, we don't get the promotion we were hoping for and we storm out of the office, we get our bank statement in the mail and numb ourselves with food, alcohol, or television instead of thinking of ways to get out of debt.... What does a person who has mastered their life do? They respond instead of react. It is the first step to achieving sustainable success in every area of life.

Mass

The 2nd Level of Awareness is called — Mass

The mass population lives by a clock, run by agendas — controlled by other people. Think about it. The masses have historically gone in the wrong direction. Why is that? It is because we have been programmed to. We were taught by our parents who were taught by their parents. We were taught by teachers who were taught by their teachers.

Aspiration

The 3rd Level of Awareness is called — Aspiration

You become aware of something inside you that wants more expression, wants a richer and fuller life. When that Aspiration becomes strong enough you will want to move away from the Masses. You will still be surrounded by the influences of the Masses and their thought processes but you won't be swayed by them. Always keep your encouraging thoughts and positive statements of Aspiration on your mind. Don't let the masses pull you back.

Individual

The 4th Level of Awareness is – Individual

The Individual Consciousness Level is when you begin to express your uniqueness as a human being. From this point on, forget about what everyone else is doing. Forget about what kind of person you think they want you to be and just be the most authentic version of the person you are. Think of personal development as the act of upgrading every area of your life — health, finances, relationships... to function at the highest possible level. Virtually all aspects of personal development lead to greater conscious development in one way or another. Let who you are as an Individual and what you believe in shine through in every word you speak and every move you make.

Discipline

The 5th Level of Awareness is called — Discipline

Discipline is giving yourself a command and following it. This is how you distance yourself from the masses. This is how you demonstrate your individuality and distinctiveness. You move from Individual to Discipline by using Aspiration to empower your ideas and your individuality and by using Discipline to follow your dreams.

Experience

The 6th Level of Awareness is Experience

Experience is when you are aware or conscious of an idea, you become emotionally involved in an idea, and then you act on the idea. You are then responsible for changing the end result. The change in the result, the experience of a different outcome, is due to you having disciplined yourself. You gave yourself a command, you followed the aspiration, and you took the action to manifest your ideas and encouraging thoughts. As you begin to experience new and greater things, you begin to master your life.

Mastery

The 7th Level of Awareness is – Mastery

Mastery is the final level. When we operate from a Mastery Level of Awareness, we stop letting the physical world control us and begin to control ourselves: allow your thoughts to guide your world, use gentle transitions and form the needed skills to create advancing habits.



SCIENTISTS USE THE SUBCONSCIOUS MIND - PART 1



Many scientists realize the true importance of the subconscious mind. Edison, Marconi, Kettering, Poincarè, Einstein, and many others have used the subconscious mind. It has given them the insight and the "knowhow" for all their great achievements in modern science and industry. Research has shown that the ability to bring into action the subconscious power has determined the success of all the great scientific and research workers.

An instance of how a famous chemist. Friedrich von Stradonitz, used his subconscious mind to solve his problem is as follows: He had been working laboriously for a long time trying to rearrange the six carbon and the six hydrogen atoms of the benzine formula, and he was constantly perplexed and unable to solve the matter. Tired and exhausted, he turned the request over completely to his subconscious mind. Shortly afterward, as he was about to board a London bus, his subconscious presented his conscious mind with a sudden flash of a snake biting its own tail and turning around like a pin wheel. This answer, from his subconscious mind, gave him the long sought answer of the circular rearrangement of the atoms that is known as the benzene ring.

How a distinguished scientist brought forth his inventions?

Nikola Tesla was a brilliant electrical scientist who brought forth the most amazing innovations. When an idea for a new invention came into his mind, he would build it up in his imagination, knowing that his subconscious mind would reconstruct and reveal to his conscious mind all the parts needed for its manufacture in concrete form. Through quietly contemplating every possible improvement, he spent no time in correcting defects, and was able to give the technicians the perfect product of his mind. He said, "Invariably, my device works as I imagined it should. In twenty years there has not been a single exception."

How a famous naturalist solved his problem?

Professor Agassiz, a distinguished American naturalist, discovered the indefatigable activities of his subconscious mind while he slept. His widow in her biography of her famous husband has reported the following. "He had been for two weeks striving to decipher the somewhat obscure impression of a fossil fish on the stone slab in which it was preserved. Weary and perplexed, he put his work aside at last, and tried to dismiss it from his mind. Shortly after, he waked one night persuaded that while asleep he had seen his fish with all the missing features perfectly restored.

But when he tried to hold and make fast the image it escaped him. Nevertheless, he went early to the Jardin des Plantes, thinking that on looking anew at the impression he should see something, which would put him on the track of his vision. In vain—the blurred record was as black as ever. The next night he saw the fish again, but with no more satisfactory result. When he awoke it disappeared from his memory as before. Hoping that the same experience might be repeated, on the third night he placed a pencil and paper beside his bed before going to sleep. "Accordingly, toward morning the fish reappeared in his dream, confusedly at first, but at last with such distinctness that he had no longer any doubt as to its zoological characters. Still half dreaming, in perfect darkness, he traced these characters on the sheet of paper at the bedside. In the morning he was surprised to see in his nocturnal sketch features, which he thought it impossible the fossil itself should reveal.

He hastened to the Jardin des Plantes, and, with his drawing as a guide, succeeded in chiseling away the surface of the stone under which portions of the fish proved to be hidden. When wholly exposed it corresponded with his dream and his drawing, and he succeeded in classifying it with ease."

An outstanding physician solved the problem of diabetes

Some years ago I received a clipping from a magazine describing the origin of the discovery of insulin. This is the essence of the article as I recall it.

About forty years ago or more, Dr. Frederick Banting, a brilliant Canadian physician and surgeon, was concentrating his attention on the ravages of diabetes. At that time medical science offered no effective method of arresting the disease. Dr. Banting spent considerable time experimenting and studying the international literature on the subject. One night he was exhausted and fell asleep. While asleep, his subconscious



mind instructed him to extract the residue from the degenerated pancreatic duct of dogs. This was the origin of insulin which has helped millions of people. You will note that Dr. Banting had been consciously dwelling on the problem for some time seeking a solution, a way out, and his subconscious responded accordingly.

It does not follow that you will always get an answer overnight. The answer may not come for some time. Do not be discouraged. Keep on turning the problem over every night to the subconscious mind prior to sleep, as if you had never done it before. One of the reasons for the delay may be that you look upon it as a major problem. You may believe it will take a long time to solve it. Your subconscious mind is timeless and spaceless. Go to sleep believing you have the answer now. Do not postulate the answer in the future. Have an abiding faith in the outcome. Become convinced now as you read this book that there is an answer and a perfect solution for you.

How a famous scientist and physicist escaped from a Russian concentration camp?

Dr. Lothar von BlenkSchmidt, a member of the Rocket Society and an outstanding research electronic engineer, gives the following condensed summary of how he used his subconscious mind to free himself from certain death at the hands of brutal guards in a Russian prison camp coal mine. He states as follows: "I was a prisoner of war in a coal mine in Russia, and I saw men dying all around me in that prison compound. We were watched over by brutal guards, arrogant officers, and sharp, fastthinking commissars. After a short medical checkup, a quota of coal was assigned to each person. My quota was three hundred pounds per day. In case any man did not fill his quota, his small food ration was cut down, and in a short time he was resting in the cemetery.

"I started concentrating on my escape. I knew that my subconscious mind would somehow find a way. My home in Germany was destroyed, my family wiped out; all my friends and former associates were either killed in the war or were in concentration camps. "I said to my subconscious mind, 'I want to go to Los Angeles, and you will find the way.' I had seen pictures of Los Angeles and I remembered some of the boulevards very well as well as some of the buildings. "Every day and night I would imagine I was walking down Wilshire Boulevard with an American girl whom I met in Berlin prior to the war (she is now my wife). In my imagination we would visit the stores, ride buses, and eat in the restaurants. Every night I made it a special point to drive my imaginary American automobile up and down the boulevards of Los Angeles. I made all this vivid and real. These pictures in my mind were as real and as natural to me as one of the trees outside the prison camp.

"Every morning the chief guard would count the prisoners as they were lined up. He would call out 'one, two, three,' etc., and when seventeen was called out, which was my number in sequence, I stepped aside. In



the meantime, the guard was called away for a minute or so, and on his return he started by mistake on the next man as number seventeen. When the crew returned in the evening, the number of men was the same, and I was not missed, and the discovery would take a long time.

"I walked out of the camp undetected and kept walking for twenty-four hours, resting in a deserted town the next day. I was able to live by fishing and killing some wild life. I found coal trains going to Poland and traveled on them by night, until finally I reached Poland. With the help of friends, I made my way to Lucerne, Switzerland.

"One evening at the Palace Hotel, Lucerne, I had a talk with a man and his wife from the United States of America. This man asked me if I would care to be a guest at his home in Santa Monica, California. I accepted, and when I arrived in Los Angeles, I found that their chauffeur drove me along Wilshire Boulevard and many other boulevards, which I had imagined, so vividly in the long months in the Russian coalmines. I recognized the buildings, which I had seen in my mind so often. It actually seemed as if I had been in Los Angeles before. I had reached my goal. "I will never cease to marvel at the wonders of the subconscious mind. Truly, it has ways we know not of."

How archaeologists and paleontologists reconstruct ancient scenes?

These scientists know that their subconscious mind has a memory of everything that has ever transpired. As they study the ancient ruins and fossils, through their imaginative perception, their subconscious mind aids them in reconstructing the ancient scenes. The dead past becomes alive and audible once more. Looking at these ancient temples and studying the pottery, statuary, tools, and household utensils of these ancient times, the scientist tells us of an age when there was no language. Communication was done by grunts, groans, and signs.

The keen concentration and disciplined imagination of the scientist awakens the latent powers of his subconscious mind enabling him to clothe the ancient temples with roofs, and surround them with gardens, pools, and fountains. The fossil remains are clothed with eyes, sinews, and muscles, and they again walk and talk. The past becomes the living present, and we find that in mind there is no time or space. Through disciplined, controlled, and directed imagination, you can be a companion of the most scientific and inspired thinkers of all time.

How to receive guidance from your subconscious?

When you have what you term "a difficult decision" to make, or when you fail to see the solution to your problem, begin at once to think constructively about it. If you are fearful and worried, you are not really thinking. True thinking is free from fear.

Here is a simple technique you can use to receive guidance on any subject: Quiet the mind and still the body. Tell the body to relax; it has to obey you. It has no volition, initiative, or self-conscious intelligence. Your body is an emotional disk, which records your beliefs and impressions.

Mobilize your attention; focus your thought on the solution to your problem. Try to solve it with your conscious mind. Think how happy you would be about the perfect solution.

Sense the feeling you would have if the perfect answer were yours now. Let your mind play with this mood in a relaxed way; then drop off to sleep. When you awaken, and you do not have the answer, get busy about something else. Probably, when you are preoccupied with something else, the answer will come into your mind like toast pops out of a toaster. In receiving guidance from the subconscious mind, the simple way is the best.



This is an illustration: I once lost a valuable ring, which was an heirloom. I looked everywhere for it and could not locate it. At night I talked to the subconscious in the same manner that I would talk to anyone. I said to it prior to dropping off to sleep, "You know all things; you know where that ring is, and you now reveal to me where it is."

His subconscious revealed the location of his father's will?

A young man who attends my lectures had this experience. His father died and apparently left no will. However, this man's sister told him that their father had confided to her that a will had been executed which was fair to all. Every attempt to locate the will failed. Prior to sleep he talked to his deeper mind as follows: "I now turn this request over the subconscious mind. It knows just where that will is, and reveals it to me." Then he condensed his request down to one word, Answer," repeating it over and over again as a lullaby. He lulled himself to sleep with the word. "Answer."

The next morning this young man had an overpowering hunch to go to a certain bank in Los Angeles where he found a safe deposit vault registered in the name of his father, the contents of which solved all his problems.

Your thought, as you go to sleep, arouses the powerful latency which is within you. For example, let us suppose you are wondering whether to sell your home, buy a certain stock, sever partnership, move to New York or stay in Los Angeles, dissolve the present contract or lake a new one. Do this: Sit quietly in your armchair or at the desk in your office. Remember that there is a universal law of action and reaction. The action is your thought. The reaction is the response from your subconscious mind, the subconscious mind is reactive and reflexive; this is its nature. It rebounds, rewards, and repays. It is the law of correspondence. It responds by corresponding.

As you contemplate right action, you will automatically experience a reaction or response in yourself, which represents the guidance or answer of your subconscious mind.

In seeking guidance, you simply think quietly about right action, which means that you are using the infinite intelligence resident in the subconscious mind to the point where it begins to use you. From there on, your course of action is directed and controlled by the subjective wisdom within you, which is all wise and omnipotent. Your decision will be right. There will only be right action because you are under a subjective compulsion to do the right thing. I use the word compulsion because the law of the subconscious is compulsion.

The secret of guidance

The secret of guidance or right action is to mentally devote yourself to the right answer, until you find its response in you. The response is a feeling, an inner awareness, and an overpowering hunch whereby you know that you know. You have used the power to the point where it begins to use you. You cannot possibly fail or make one false step while operating under the subjective wisdom within you. You will find that all your ways are pleasantness and all your paths are peace.



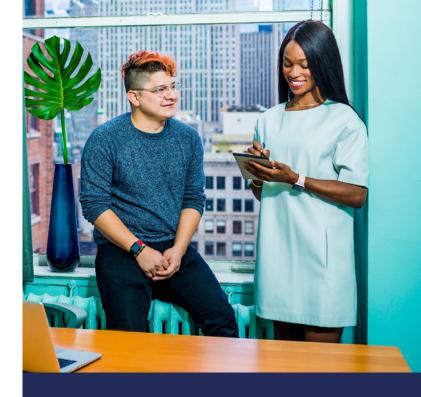
Well the founders came from homes categorised by poverty, and studying maths, science or engineering was a ticket to the middle class. But once their prosperity was assured, why would their children ever want to study science, maths or engineering? They study things like Asian mythology, Greek philosophy or whatever, because there are so many interesting things to talk about.

So when you look at what's happened to Japan's college students, the number that are there studying those topics has fallen off a cliff. Because in Japan, prosperity has largely been assured, so why bother to go with all of the grief associated with topics like those when there are more interesting things to study. So the focus of technological leadership has shifted for a while to Taiwan and Korea, and now because of their prosperity they can't fill their courses in those topics and the genus has evolved to China and India, where because of their poverty there is still motivation to do things that otherwise a reasonable person would not choose to do.

The causality there is that we just aren't able to teach those topics in a cogent way, and that's really important as we move on to discussing the reasons why online learning will become so important.

And so to online learning. The way Clay Christensen taught at Harvard Business School was that for every class the students have to study some dimension of our theories about innovation, and part of their assignment is to come to class and point out to Clay what's wrong with his theory: it's only if you find what your theory cannot explain that you can improve this theory.

So this arrogant student raised her hand one day and said she had something Clay's theory couldn't explain. She pointed out that Holiday Inn came in at the bottom of the hotel market in the 1950s and 1960s, and for reasons that you can understand, the more expensive hotels didn't come down market but Holiday Inn couldn't move up either, they were pinned at the bottom of



the market. She pointed out that McDonald's was the same; they came in at the bottom of the market and the higher priced restaurants didn't come down but McDonald's hasn't moved up. So it doesn't work.

It took Clay five years to work out a response to that insight, which is that in mini mills, as well as in cars and computers, there is a technological core inside that is extendable upmarket. So the same electrical furnace that worked in rebar by extension could work in the more sophisticated products. That almost always is the case. The problem with hotels is that nothing about its core is extendable, so if Holiday Inn wanted to go up to a higher price point they couldn't do it unless they replicated the position of the people up there; they'd have to hire a concierge just as Four Seasons has a concierge. They couldn't disrupt them by bringing to the market something that was lower cost but extendable.

That was very helpful to Clay as he began to think through the future of higher education, because historically has been true with higher education as well. If a two-year school wants to become a four-year school, or wants to add masters or doctorate degrees to go up the ladder, there hasn't been anything technological that was extendable for those at the bottom to extend to the top. For every step in the ladder, they had to replicate the business model of those they were trying to emulate.

Ideas worth recalling

- Remember that the subconscious mind has determined the success and wonderful achievements of all great scientific workers.
- 2. By giving your conscious attention and devotion to the solution of a perplexing problem, your subconscious mind gathers all the necessary information and presents it full-blown to the conscious mind.
- 3. If you are wondering about the answer to a problem, try to solve it objectively. Get all the information you can from research and also from others. If no answer comes, turn it over to your subconscious mind prior to sleep, and the answer always comes. It never fails.
- 4. You do not always gel the answer overnight. Keep on turning your request over to your subconscious until the daybreaks and the shadows flee away.
- 5. You delay the answer by thinking it will take a long time or that it is a major problem. Your subconscious has no problem it knows only the answer.
- 6. Believe that you have the answer now. Feel the joy of the answer and the way you would feet if you had the perfect answer. Your subconscious will respond to your feeling.

- 7. Any mental picture, backed by faith and perseverance, will come to pass through the miracle-working power of your subconscious. Trust it, believe in its power, and wonders will happen as you pray.
- 8. Your subconscious is the storehouse of memory, and within your subconscious are recorded all your experiences since childhood.
- Scientists meditating on ancient scrolls, temples, fossils, etc., are able to reconstruct scenes of the past and make them alive today. Their subconscious mind comes to their aid.
- 10. Turn over your request for a solution to your subconscious prior to sleep. Trust it and believe in it, and the answer will come. It knows all and sees all, but you must not doubt or question its powers.
- 11. The action is your thought, and the reaction is the response of your subconscious mind. If your thoughts are wise, your actions and decisions will be wise.
- 12. Guidance comes as a feeling, an inner awareness, an overpowering hunch whereby you know that you know. It is an inner sense of touch. Follow it.



Your results are an expression of your level of awareness

Your awareness is blocked by layers of virus

Let this Yellow dot represent your level of awareness

You eliminate darkness when you turn on the light

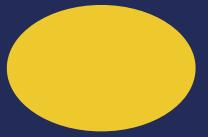
Regent doesn't earn \$100,000 a year because they want to earn \$100,000 a year. Regent earn \$100,000 a year because they are not aware of how to earn \$100,000 a month.



It is a sad thing when you see a CHOLD who is afraid of The Dark... but it is even worse when you see an ADULT afraid of THE LIGHT "LET THERE BE LIGHT."







Effective education... combined with professional coaching; over a reasonable period of time, will eliminate virus code and expand a person's level of awareness

Awareness.
Everything you are seeking is seeking you.

'It's all in awareness.' This a marvellous inner world that exists within us, and the revelation of such a world enables us to do, to attain and achieve anything we desire within the bounds or limits or nature.



THE STARTING POINT

It's an old saying that 'Order is Heaven's First Law.' and like many other old sayings it contains a much deeper philosophy Getting things into a better order is the great secret of progress, and we are now able to fly through the air, not because the laws of nature have altered, but because we have learned to arrange things in the right order to produce this result

.... the things themselves had existed from the beginning of the world. but what was wanting was the introduction of personal factor which, by an intelligent perception of the possibilities contained in the laws of nature.

... should be able to bring into working reality, ideas which previous generations would have laughed at as the absurd fancies of an unbalanced mind

The lesson to be learned from the practical aviation of the present day is that of the triumph of principle over precedent, of the working out of an idea to its logical conclusions in spite of the accumulated testimony of all past experience to the contrary

and with such a notable example before us, can we say that it is futile to inquire whether by the same method we may not unclick still more important secrets and gain some knowledge of the unseen causes which are at the back of the external and invisible conditions.

and then by bringing these unseen causes into a better order make practical working realities of possibilities which at present seem but fantastic dreams.