



# Regent Accelerated Management Program (RAMP)

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# CHARACTER



Character has a huge part to play in life and is linked to thought because, as humans, our thinking makes our character. Humans literally are what they think about, and our character is a composite of our thoughts.

As the plant springs from one seed, so every act of man or woman springs from thought. This applies to spontaneous acts as much as it does to those that have been long thought-out. Spontaneous, unpremeditated acts are driven by your paradigms and your habits, while deliberate acts are driven by habits but also by being conscious that with your habits you can control your actions.

Action comes from thought and man can choose whether he is in joy or suffering. By thought, we can build, or we can destroy. Humans are made or unmade by themselves. Humans have huge power; with intelligence and love in the right combination, life becomes a joy. Human is always the master, even in his weakest state.

Character is forged by the effects of our environment. We can compare the human mind to a garden, which can be well cultivated or badly neglected. I read a story about a farmer who had a beautiful farm, in which there were plentiful trees and rose gardens. One day an onlooker

complimented him on his farm, observing that nature had given him everything. The farmer agreed and said he was incredibly grateful. But you should have seen the farm when nature had it alone, he said. He understood that everyone is given a farm to work with but must cultivate it.

Just like the farmer who looks after his plot well, so must we look after our minds, by keeping out negative thoughts. These useless thoughts are created by us, and we can choose not to have them. Thought and character are one. What happens inside always shows outside. This does not mean that a man's circumstances at any given time are an indication of who he is, for circumstances make an impact. But every human is where he is by the law of being, the laws of nature.

As progressive and evolving beings, every man or woman knows that circumstances grow out of thought if they practise self control and self-purification.

Nature attracts good things to life if people are thinking about good things. The outer world of circumstances shapes itself through the inner world of thought. Humans do not attract what they want, but what they are. It is so important to understand that in the law of attraction, what we attract is what we are thinking inside our mind. If you are constantly saying you want to change, but you are not doing anything, you are not willing to improve so you remain impounded.

Circumstances are complicated. Thought is so deeply rooted, and the conditions of happiness vary so much between individuals, that the entire human condition is judged using external factors, when in fact, it is everything to do with internal factors.

A human only begins to be human when he starts to understand the law of nature. Humans think their thoughts can be kept secret, but that is not true. A thought turns into a habit, and a habit turns into circumstances. A person might think in secret, but it will become a reality. Therefore, any thoughts may be kept secret, but they will turn into actions and change circumstances.

Thoughts of all kinds crystallise into habits of good or bad, and if you find yourself in a state of confusion between your positive habits versus your negative habits – your fear, doubt, indecision – you are confused. This is where mental health issues, anxiety and disease arise. All are because we entertain negative thoughts that crystallise into unclear habits and dishonesty, which solidify into circumstances. If a person stops entertaining negative thoughts, the world will move in their favour.

Understanding this leads to purpose. Every thought is linked to purpose and no intelligent accomplishment can be achieved



without purpose. Still, the majority of humans do not have a purpose or a goal, and if they do have a goal, they do not have an exact timeline for achieving that.

A human should conceive a legitimate purpose in his heart and set out to accomplish it. He should make this purpose and think about it every day, emotionalise it, and take action. It may be intangible, because life is intangible and many of the things we seek to achieve in life are intangible. But to have no goals in life is creating weakness; to begin to think with purpose is to enter the ranks of those strong humans who recognise failure only as a temporary setback.

All that a man or woman achieves, and all that he or she fails to achieve, is a direct result of their own thoughts. In a justly ordered world, where losses or gains reflect your thinking, individual responsibility must be absolute. You need to do it by yourself, but you cannot do it alone. The man must, by his own efforts, develop the strength he admires in others, but none but himself can alter his condition.

Often people blame others for their misfortune. The truth is that whoever is trying to damage others should be ignored. Concentrate on your own world. There can be no progress or achievement without sacrifice. Nature does not favour the greedy, the dishonest or the vicious, though on the surface it may appear to do so. Nature helps the honest and helps the person with the right mental attitude. Man achieves a balanced life when they have honesty in their life.

In character, we might also think about calmness of mind – a mind becomes a mind when you are making decisions. If water is calm, you can see what is below the surface. If it is not calm, you cannot see anything properly. That is calmness of mind. Calmness of mind is down to patience and self-control and is an indication of our experience, knowledge and wisdom.

The human becomes calm when he understands himself as a thought-evolving human being, because such knowledge necessitates the understanding of others and he sees more clearly how actions cause an effect. The calm human, having learned how to govern himself, knows how to adapt to others and in turn has a calm, tranquil personality that creates success.

The greatest achievement of humans is to understand that we have the ability to create. The oak is sleeping in the acorn, the bird is waiting inside the egg, and maybe some of the greatest powers, thinking and achievements are inside the human being. You must unleash that with your imagination, your desire and your purpose, and when you do, the world becomes a beautiful place.

Imagination and character are wonderful. Imagination and desire will take you to a role, but your character will keep you



there. We know that change comes about through constant repetition, but also when humans endure emotional shock.

You cannot wait for something negative to happen to make a change, but you have a choice to take action in your own way. Understanding these concepts and impressing them upon your subconscious mind can only come through study, and once you impress them upon your subconscious mind, your body moves. Keep sight of your goal, your destination, and take action.