

A background image showing three people (two women and one man) looking at a laptop screen. The image is overlaid with a semi-transparent yellow filter. The man on the right is wearing a green polo shirt with "XVII" and "POLO CLUB" visible.

Regent Accelerated Management Program (RAMP)

11 OCTOBER 2021

KEY HIGHLIGHTS

- Napoleon Hill writes, “No one is ready for a thing, until they believe that they can acquire it. The state of mind must be belief and not mere hope or wish.”
- Our belief system is based upon our evaluation of something and if we frequently re-evaluate situations, our beliefs about those situations will change.
- You will never go beyond where you believe you can go.
- ‘Praxis’ is the integration of belief with behaviour.
- We have belief on two levels. Belief in our educated mind, based on logic, what we see and on the information that we gather. Then we have belief on a very deep level, on a subconscious level – belief that controls our behavior and is part of the paradigm.
- On a conscious level and on a logical level, we can think it’s true and we can say, “Yes, I can do that.” However, one must believe at a deep level, from deep in the psyche, that it is true. If we do not, then we must change that part of the paradigm.



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”

Napoleon Hill

- The truth is you can do anything, but you’ve got to believe it. Without belief, it is not going to happen.
- The thoughts that we internalise set up the vibration, vibration causes the action, action causes the reaction. It’s the action/reaction that creates the result: belief.

**Believe
you can
AND YOU ARE
Halfway there**

After reviewing this lesson a few times, the power of attitude will be apparent to you. When your attitude shifts, everything in your world shifts too. If it shifts in a negative direction, your entire life shifts in that direction. When it shifts in a positive direction, life improves. It becomes evident how and why most people's attitude, with respect to the economy or the world in general, is being controlled by the media. But clearly understand, the media is not to be blamed. Conditions or circumstances are not to be blamed. If we are having a problem, our conscious choice is where the problem originates. Similarly, conscious choice is where all future success begins.



KEY HIGHLIGHTS

- There is power flowing to and through you. As it flows into your consciousness, you are going to make it either positive or negative by virtue of the thoughts that you choose.
- The law of polarity says everything has an opposite. Up, down. Hot, cold. In, out. Positive or negative. There is a positive and negative pole, and you must have both to have anything. However, you can only focus on one polarity at a time. You cannot be both positive and negative. You are either one or the other.
- The conscious mind has the ability to accept, reject or ignore. As ideas and information come into our mind, we have the ability to determine whether we want

to accept it or whether we want to let that be a part of our life.

- When someone shares information that is negative, reject it. Do not entertain it and do not internalise it.

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The body is an instrument of the mind. It does exactly what the mind tells it to do.

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- The conscious mind is the thinking mind – the educated mind. This is where our intellectual factors are resident. This is where your sensory factors are hooked up. You can see, smell, taste, hear and touch. These are the highways that hook us up to the outside world.

- The subconscious mind can only accept, it accepts everything that comes to it as real. The subconscious mind will take in what is happening right now and accept it. It has no ability to differentiate between what is real and what is imagined.
- Whatever is impressed upon the subconscious mind controls the vibration of the body. Your vibration is dictated by the ideas that you impress upon your subconscious mind. Negative idea, you are going to move into a bad vibration. Positive idea, you will instantly move into a positive vibration.
- The body is an instrument of the mind. It does exactly what the mind tells it to do.
- If we understand how the mind functions, we can control the outside world. We do not want the outside world to control us. We want to control the outside world. We do control the outside world when we understand how the mind functions.
- Energy comes into our conscious mind. We have the ability to accept ideas that come in from the outside world, and say 'That's good.' We can turn the image over to our subconscious mind, and our subconscious mind accepts it as real.
- If you are mentally and physically in a bad vibration, that is all you will attract. Vibration is going to dictate what you attract. When you move into a positive vibration, you begin to attract like-minded energy to you. It just happens this way. This is where you literally control yourself.

- No one can cause you to think something you do not want to think. You have the freedom to think anything you want to think.
- Your attitude is going to determine where you go in life. It is the foundation of either failure or success.
- Your attitude is a composite of your thoughts, your feelings, and your actions. Your thoughts, feelings and actions are an energy that you send out into the universe and whatever you send out into the universe is what is going to come back to you.
- Everything has good in it and everything has bad in it. What do you look for? This will dictate your attitude.
- There is no right way to do anything. It can be a good way, and it can even be a valid way, but clearly understand there is always a better way. And with the right attitude you will find it.

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DESTINY IN THE BALANCE

Once a person learns and obeys the natural laws, he will become rich with mathematical certainty.

There is but one great law. 'Energy Is'.

All physical and mental science is based on this one law and its seven subsidiary laws, which operate in conjunction with each other:

1. The Law of Perpetual Transmutation
2. The Law of Cause and Effect
3. The Law of Vibration
4. The Law of Polarity
5. The Law of Rhythm
6. The Law of Relativity
7. The Law of Gender

Unlike any other form of animal life that has been created, we were given the power of choice or free will. Along with this power comes certain responsibilities. The capacity to choose does not involve freedom from the consequence of our choices.

This law has been written thousands of times by the greatest minds the world has produced, and as a result, has appeared in many forms. For our purposes it might be best described this way – 'Our rewards in life will always match our service.'

If any person alive is discontent with their rewards, they should examine their service. Action – Reaction.

NOTES



“ Whatever you seek in the form of rewards, you must first earn in the form of service to others. ”

So simple, so basic... so true, and yet so misunderstood.

Never before in the history of the world have human beings been so interdependent. It is as impossible to live, without serving others, as it would be to live if others were not constantly serving us. And this is good. The more closely knit this interdependence becomes, the greater human achievement will be. We need each other, and we literally cannot live without one another.

But remember this: Whatever you seek in the form of rewards, you must first earn in the form of service to others. All attempts to sidestep this law will end in failure, frustration, and ultimately, demoralisation.

Constantly look for the good in people and situations. When you find it, tell the person. People love compliments and the positive idea in your mind makes you feel good. Remember, good idea — good vibration.

THE NATURAL LAWS OF THE UNIVERSE



The Law of Perpetual Transmutation

- Energy moves into physical form.
- The images you hold in your mind most often materialise in results in your life.

The Law of Relativity

- Nothing is good or bad, big or small, until you relate it to something.
- Practice relating your situation to something much worse and yours will always look good.

The Law of Vibration

- Everything vibrates, nothing rests.
- Conscious awareness of vibration is called feeling. Your thoughts control your paradigms and your vibration.
- When you are not feeling good, become aware of what you are thinking, then think of something pleasant.

The Law of Polarity

- Everything has an opposite: Hot and cold. Up and down. Good and bad.

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When you are on a down swing, do not feel bad. Know the swing will change and things will get better. There are good times coming — think of them.”

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You've got to do it by yourself, and you can't do it alone.”

Martin Rutte

The Law of Rhythm

- The tide goes out and comes back in. Night follows day. Good times, bad times.
- When you are on a down swing, do not feel bad. Know the swing will change and things will get better. There are good times coming — think of them.

The Law of Cause and Effect

- Whatever you send into the universe comes back. Action and re-action are equal and opposite.
- Say good things to everyone, treat everyone with total respect, and it will all come back.
- Never worry about what you are going to get, just concentrate on what you can give.

The Law of Gender

- Every seed has a gestation or incubation period. Ideas are spiritual seeds and will move into form or physical results.
- Your goals will manifest when the time is right. Know they will.