

A background image showing two students sitting at a desk, looking at papers. The image is overlaid with a semi-transparent yellow filter. The student on the right is wearing glasses and a grey sweater. The student on the left is wearing a white shirt. There are papers, a pen, and a notebook on the desk.

Regent Accelerated Management Program (RAMP)

4 OCTOBER 2021

Today's Greatest Adventure



You've heard the definition of success as the progressive **REALIZATION OF A WORTHY GOAL**. The purpose of this message is to tell you of a wonderful way to keep realizing—to keep **ACHIEVING YOUR GOALS**, one after another, in the years ahead.

A goal sometimes seems so far off, and our progress often appears to be so painfully slow, that we have a tendency to lose heart. It sometimes seems we'll never make the grade. And we come close to falling back into old habits which, while they may be comfortable now, lead to nowhere. Now, there's a way to beat this. It's been used successfully by many of the world's most successful people, and it's been advocated by many of the greatest thinkers.

This is the lesson where we really determine whether we have merely gathered information or truly learned something. You will remember the advice we were given 2000 years ago, "By their fruits you will know them." Just as you can tell the quality of a tree, by the fruit it bears, so too can you tell a person's level of understanding by the results they achieve. Keep in mind, our paradigm has us accepting the concept that if we can remember and repeat information, we have learned it. Regardless of how often we've heard it or how many people believe it, that is definitely not learning, it is merely gathering information. This is precisely why so many people continually get the same results. They buy and read the books, attend the seminars, and nothing happens. Their frustration is heightened.

LEARNING IS WHEN ...

- we consciously entertain an idea
- we emotionalize the idea
- we act on the idea
- and, we observe a change in results.

Learning is not difficult. It's altering the old paradigm where the difficulty comes in. Earl Nightingale just mentioned that he was going to give us an idea that has successfully been used by many of the world's most successful people and it's been advocated by many of the greatest thinkers. I can tell you, from personal experience, that it's an idea that I have used which has been worth an absolute fortune to me and will be to you when you act on it. However, you must remember that your old paradigm will put up a royal battle in an attempt to stop you from acting on a new idea.

We've brought to your attention, time and time again in this program, that to act on a new idea, calls for you to break an old habit. The old habit is part of the paradigm and does not want to let go. This is where study pays off. It gives you understanding. And, as we begin to act on the new idea, we want to understand that the difficulty we are encountering is caused by the opposition that's created because of these two ideas—they are polar opposites. It is absolutely essential that we mentally marry our new idea that is going to improve the results we're getting with the goal that it will lead us to.

The moment we lose sight of the goal, the old habit gains control. It would be worth listening to this lesson one hundred times to make certain that we clearly understand the laws that govern growth. All great educators have always known that repetition is one of the first laws of learning. Now, let's return to Earl Nightingale's words and the idea he promised would change our life.

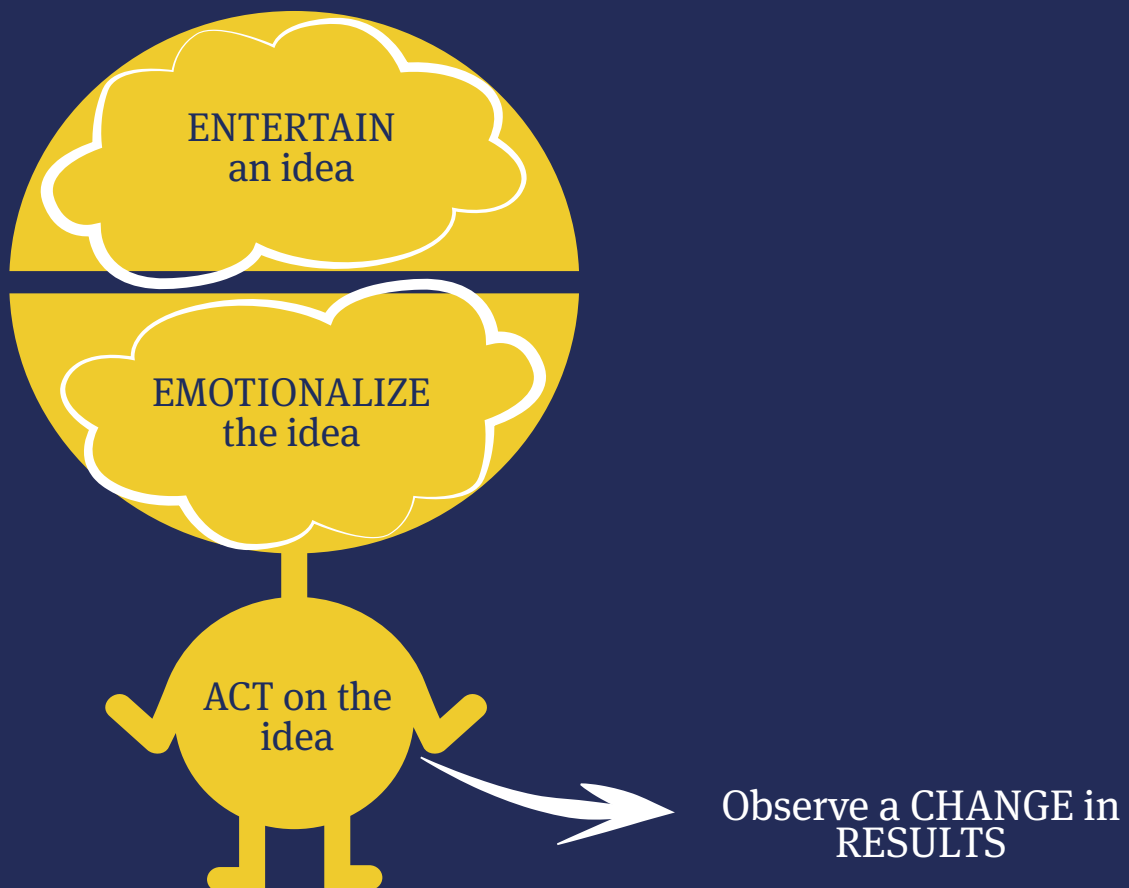
It's to live successfully, **ONE DAY AT A TIME!**

A lifetime is comprised of days, strung together into weeks, months, and years. Well, let's reduce it to its lowest common denominator—a single **DAY**, and then still further, to each **TASK** of that day.

Look at it this way: a successful life is nothing more than a lot of successful days put together. It's going to take so many days to reach your goal. If this goal is to be reached in a minimum of time, every day must count.

**“No one manages time.
Time cannot be managed.
We can manage activities.”**

Earl Nightingale



Think of a single day as a building block with which you're building the tower of your life. Just as a stone mason can put only one stone in place at a time, you can live only one day at a time. And it's the way in which these stones are placed which will determine the beauty—the strength of your tower. If each stone is successfully placed, the tower will be a success. If, on the other hand, they're put down in a hit-or-miss fashion, the whole thing's going to be shaky and look pretty bad. Now, this may seem to be a rather elementary way of looking at it, but I want to make it clear—and it's a good and logical way of looking at a human life.

All right then—let's take it **ONE DAY AT A TIME**, from the time we wake up in the morning, until we drop off to sleep at night, keeping our goal in mind as often as possible.

Now, each day consists of a series of acts—acts of all kinds. And the success of a day depends upon the successful completion of most of these acts. Now, if everything we do during the day is a success—that is, done in the best fashion of which we're capable— we can fall asleep that night in the comfortable knowledge that we've done our very best ... that our day has been a success ... that one more stone has been successfully put into place.



Do, each day, all that can be done that day. You don't need to over-work— or to rush blindly into your work, trying to do the greatest possible number of things in the shortest possible time. Don't try to do tomorrow's—or next week's—work today. It's not so much the **NUMBER** of things you do, but the **EFFICIENCY OF EACH SEPARATE ACTION** that counts. Gradually, you'll find yourself increasing the number of acts—and performing them all much more efficiently. To get the habit of success—and that's why successful people go from one success to another—because it's a habit with them—to get the habit of success, you need only to succeed in the small acts of each day. This makes a successful day. Enough of these, and you have a successful week, month, year ... and **LIFETIME**.

This is why I say success is not a matter of luck; far from it. It can be predicted and guaranteed—and anyone can achieve it by following this plan. Almost before you realize it, you'll have achieved your goal. In looking back, you'll realize that your success was not attributable to any one day, week, or month— but rather it was the consistent, unrelenting, **SUCCESSFUL SUCCESSION OF SINGLE DAYS** that turned the trick.

**Now, this is the way to
REALLY LIVE!**

This is the way a skyscraper, a home or a human life is successfully built. One successful day at a time; and each day comprising a collection of successful acts—one successful act at a time.

Time management is a very general term which takes in a wide variety of things in your life. And as you've already read, Earl Nightingale pointed out that we're not able to manage time anyway. To keep it simple and help us reprogram our paradigm, let's change the two words "Time Management" to "Getting Things Done." To the best of your ability in the space provided, outline everything you did yesterday—from the time you got up in the morning, until the evening. This will require clarity of mind ... just relax, go back and visualize yourself as you were getting out of bed. Then, in the space provided, list your day's activity. Mark everything down. You may find that your mind will jump from something you did in the morning to something you did in the afternoon. Write them all down. You must be very honest with yourself. Remember, you cannot get to where you're going if you don't know where you are.

In order to advance to the place you've chosen, two things are necessary: (1) That you keep your eye on your goal, and (2) that you continue to grow from the standpoint of competence and effectiveness.



Now, don't get impatient. Don't let the hundreds of little distractions which each day try to get you off course bother you. Pay no attention to them—shake 'em off and stay steadily on the track. Concentrate on each act of the day, from morning to night, and do each successfully. Know full well that if **EACH OF YOUR ACTS** is performed successfully ... or at least the greater majority of them ... **YOUR LIFE HAS TO BE SUCCESSFUL**; there's no other answer. There's no way to avoid it.

The men and women who are certain to advance are the ones who become too big for their jobs, and who have a clear concept of what they want to be; who know that they can become what they want to become; and who are determined to **BE** what they want to be.

Remind yourself at this time that people become exactly what they make up their mind to become.

Are you too big for your present job? If it's obvious to you that you are ... it's obvious to others. Y'know, people are not "given" promotions, as a rule—they promote themselves by becoming too big for their jobs—and by making up their mind exactly what bigger and better job, or income, they're shooting for.

And this is done by taking one day at a time ... one **ACT** at a time during each **DAY**.

The world has always cried for men and women who can get things done, for people who are self-starters, who see a task through to its finish.

It isn't how much you know, but what you get done that the world rewards and remembers. More people are held back from success because they don't know how to get things done, than for any other single reason. The biggest handicap to a person's success is not a lack of brains or a lack of character or willingness—it is in their inability to get things done.

