

Visualization vs Idealisation

4. This is another psychological fact which is well known, but unfortunately, reading about it will not bring about any result which you may have in mind; it will not even help you to form the mental image, much less bring it into manifestation. **Work is necessary--labor, hard mental labor, the kind of effort which so few are willing to put forth.**

5. The first step is **idealization**. It is likewise the most important step, because it is the plan on which you are going to build. It must be **solid; it must be permanent**. The architect, when he plans a 30-storey building, has every line and detail picture in advance. The engineer, when he spans a chasm, first ascertains the strength requirements of a million separate parts.

6. **They see the end before a single step is taken;** so you are to picture in your mind what you want; you are **sowing the seed**, but before sowing any seed you want to know what **the harvest is to be**. This is **Idealization**. If you are not sure, return to the chair daily until the picture becomes plain; it will gradually unfold; **first the general plan will be dim, but it will take shape**, the outline will take form, then the details, and you will gradually develop the power by which you will be enabled to formulate plans which will eventually materialize in the objective world. You will come to know what the future hold for you.

7. Then comes the process **of visualization**. You must see the picture more and more complete, see the detail, and, as the **details begin to unfold the ways and means for bringing it into manifestation will develop**. One thing will lead to another. Thought will lead to action, action will develop methods, methods will develop friends, and friends will bring about circumstances, and, finally, the third step, or Materialization, will have been accomplished.

8. We all recognize the Universe must have been thought into shape before it ever could have become a material fact. And if we are willing to follow along the lines of the Great Architect of the Universe, we shall find our thoughts taking form, just as the universe took concrete form. It is the same mind operating through the individual. There is no difference in kind or quality, the only difference is one of degree.

9. **The architect visualizes his building; he sees it as he wishes it to be. His thought becomes a plastic mold from which the building will eventually emerge a high one or a low one, a beautiful one or a plain one, his vision takes form on paper and eventually the necessary material is utilized and the building stands complete.**

10. The inventor visualizes his idea in exactly the same manner. For instance, Nikola Tesla, he with the giant intellect, one of the greatest inventors of all ages, the man who has brought forth the most amazing realities, always visualizes his inventions before attempting to work them out. He did not rush to embody them in form and then spend his time in correcting defects. Having first built up the idea in his imagination, he held it there as a mental picture, to be reconstructed and improved by his thought. "In this way," he writes in the *Electrical Experimenter*, "I am enabled to rapidly develop and perfect a conception without touching anything. When I have gone so far as to embody in the invention every possible improvement I can think of, and see no fault anywhere, I put into concrete, the product of my brain, invariably my device works as I conceived it should; In twenty years there has not been a single exception."

11. If you can conscientiously follow these directions, you will develop Faith, the kind of Faith that is the "Substance of things hoped for, the evidence of things not seen".