

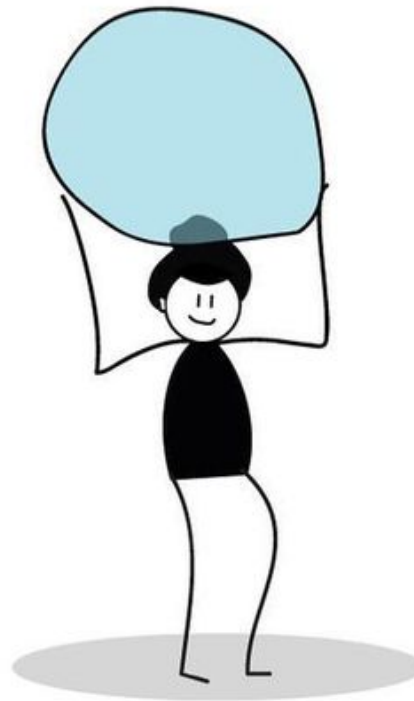
HOW A NEW CHALLENGE FEELS

IN THE
BEGINNING

NEW CHALLENGE



IN A FEW
MONTHS

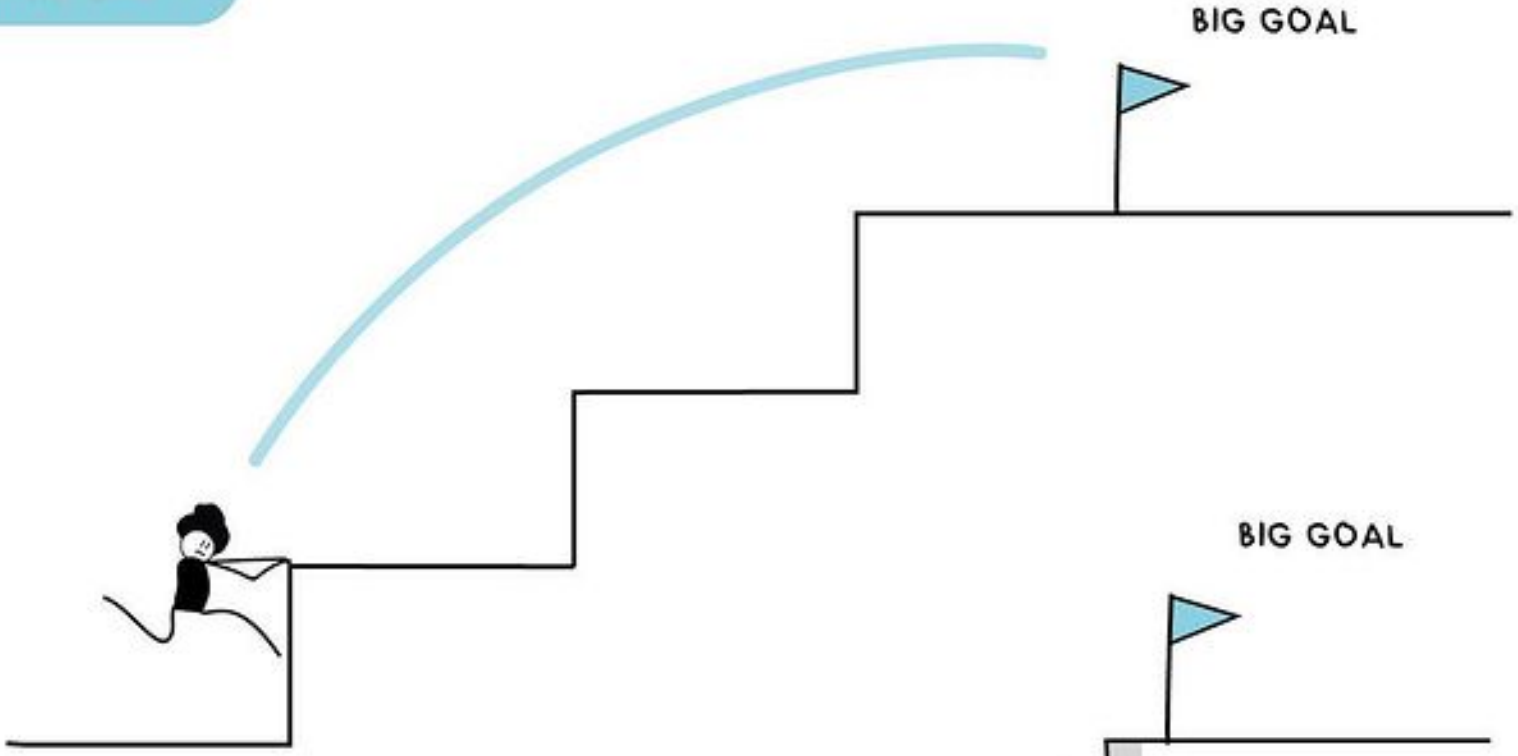


TWO YEARS
FROM NOW

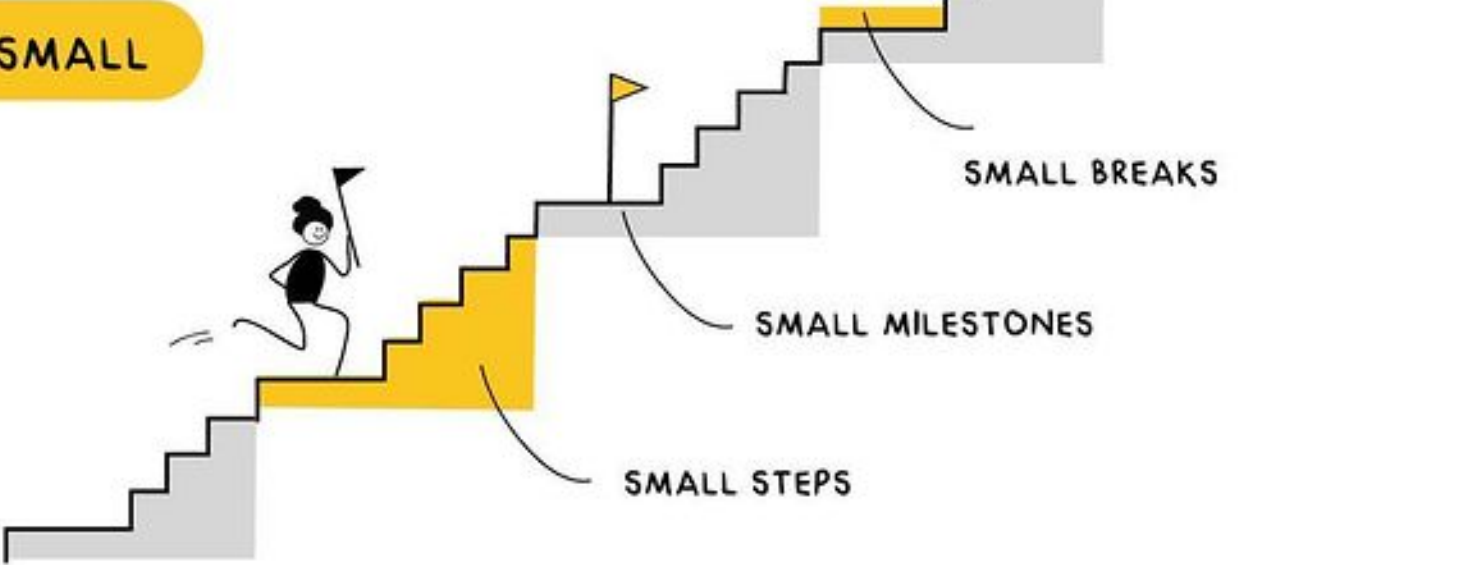


WINNING STRATEGY

THINK BIG



ACT SMALL



THE POWER OF NOT YET

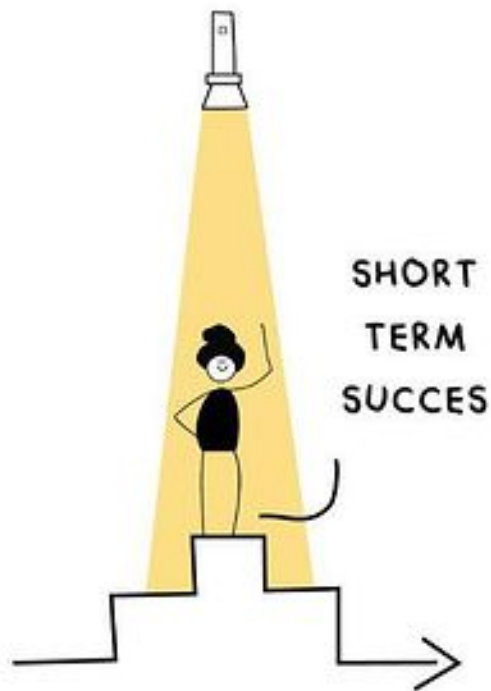
I CAN'T DO IT



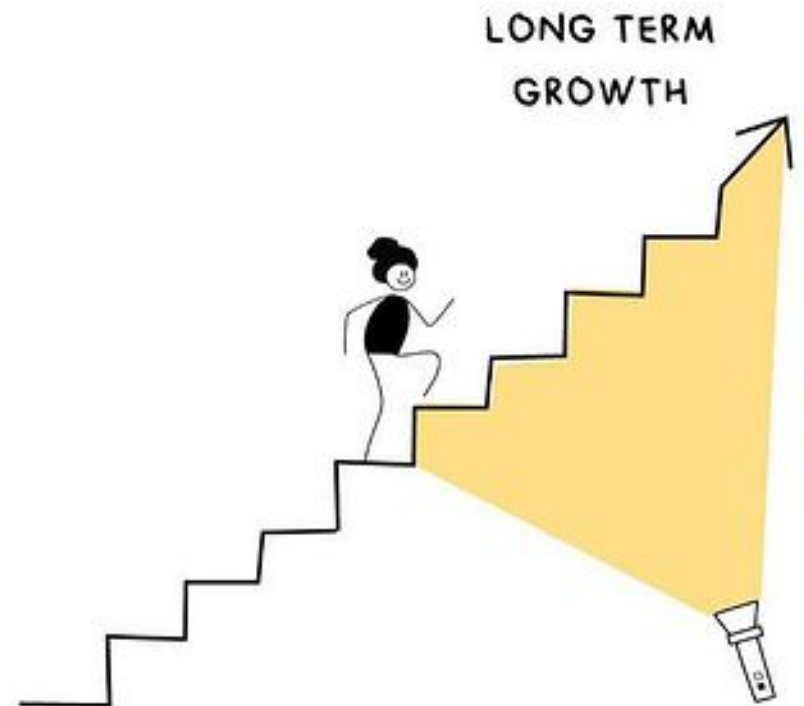
I CAN'T DO IT **YET**



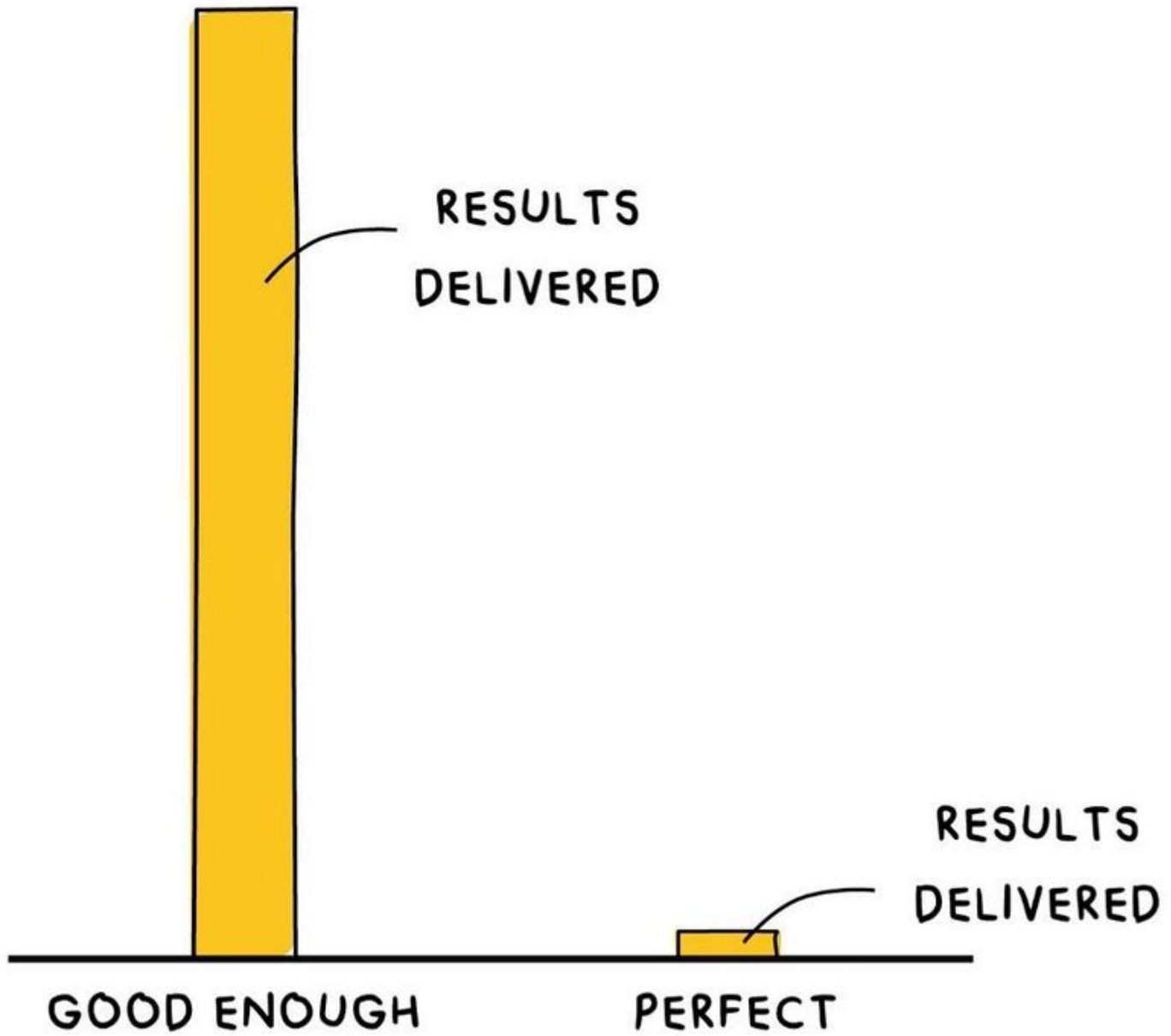
INSTEAD OF FOCUS ON
PROVING YOURSELF



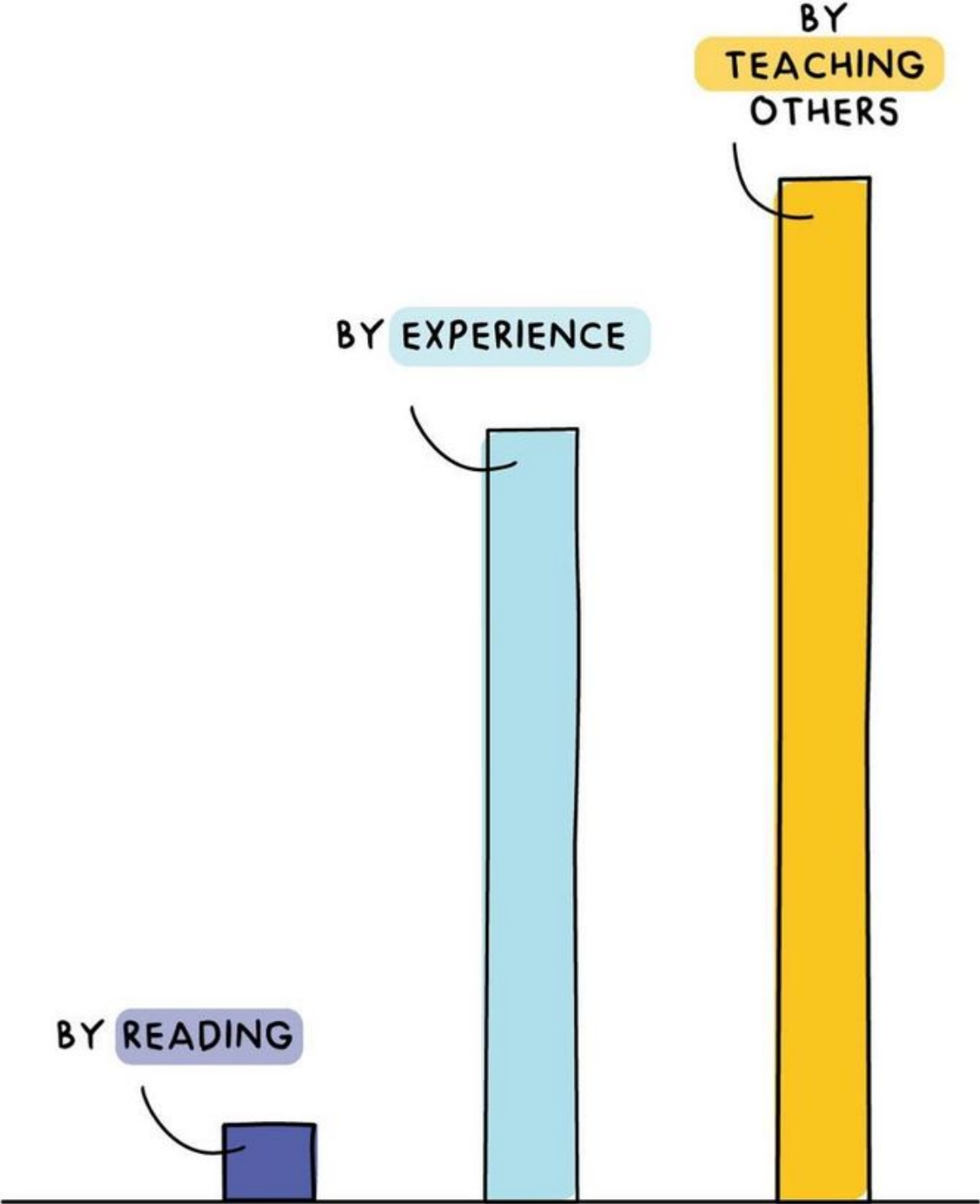
FOCUS ON
IMPROVING YOURSELF



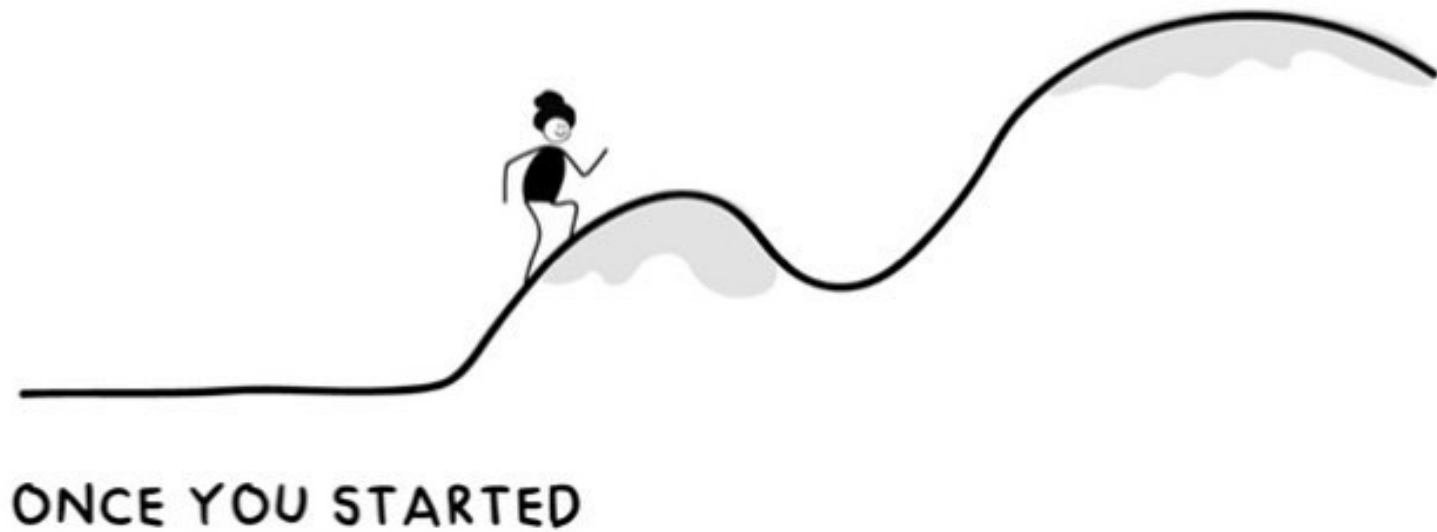
RESULTS \neq PERFECTIONISM



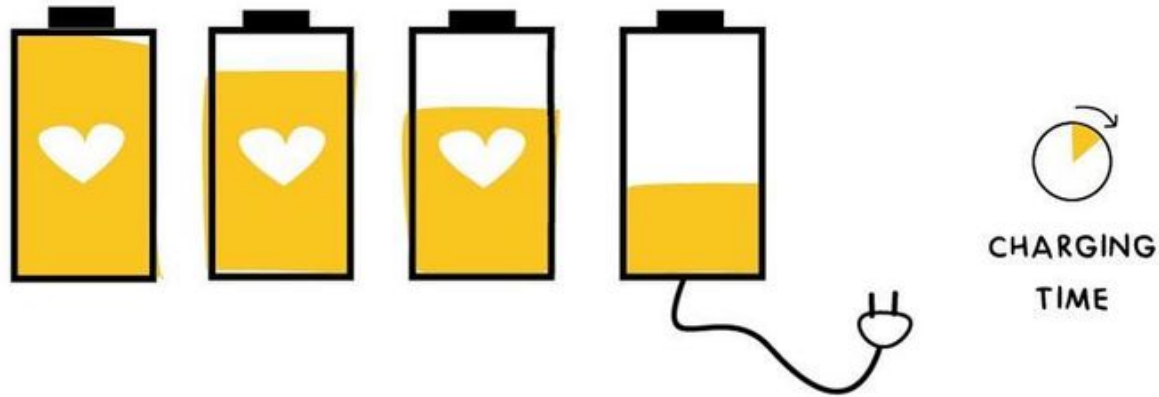
LEARNING



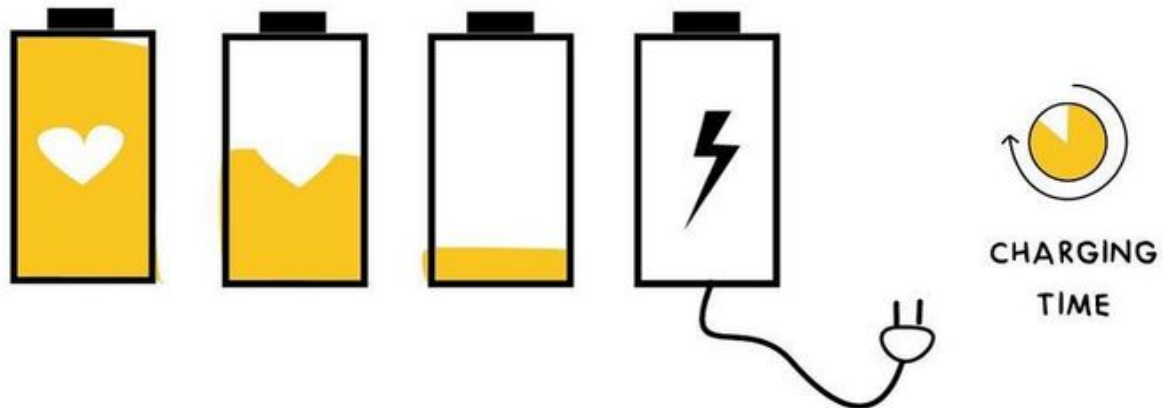
PERCEPTION



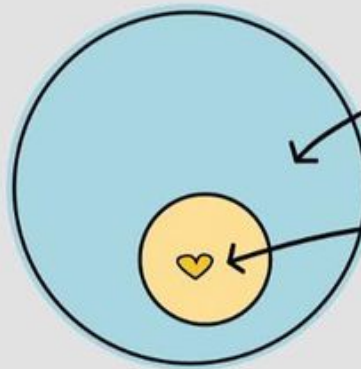
WHEN WE SHOULD TAKE A BREAK



WHEN WE ACTUALLY TAKE ONE



PEOPLE WE ARE
TRYING TO PLEASE



PEOPLE WE
ACTUALLY
CAN PLEASE

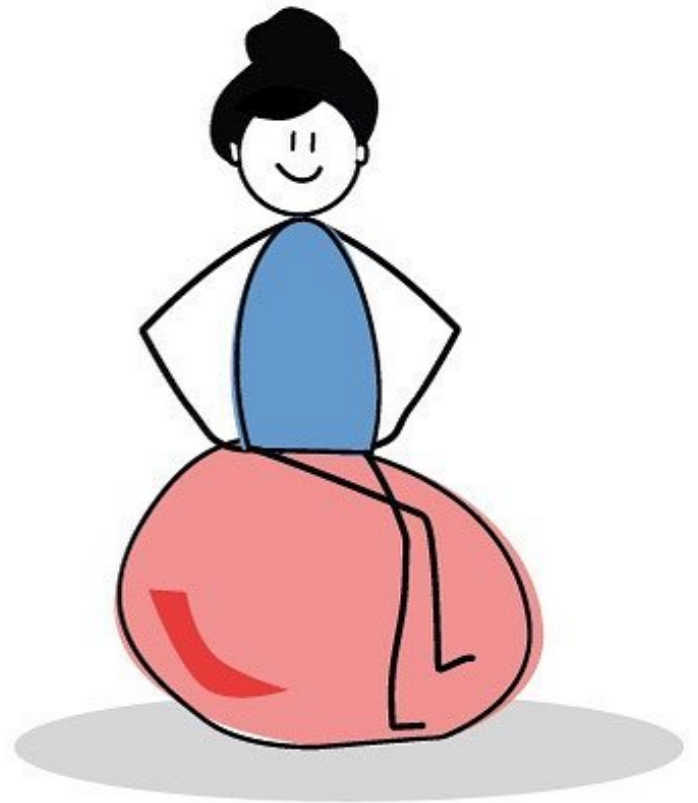
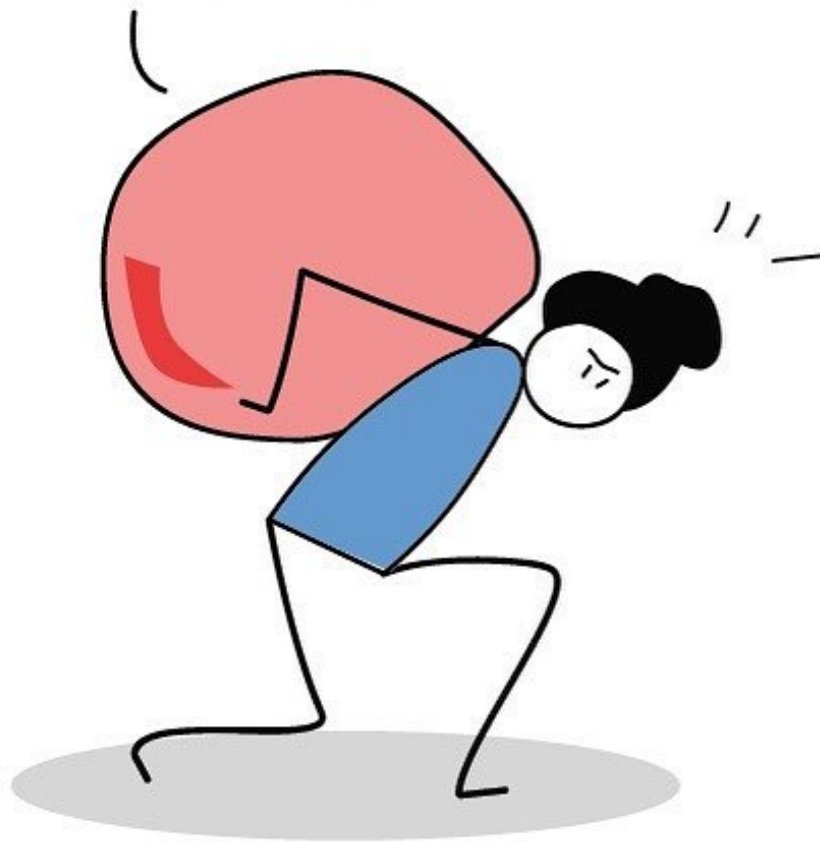
PEOPLE WE
SHOULD FOCUS ON
PLEASING

INCL. YOU

JUST BECAUSE
YOU CAN

DOESN'T MEAN
YOU HAVE TO

WORKLOAD

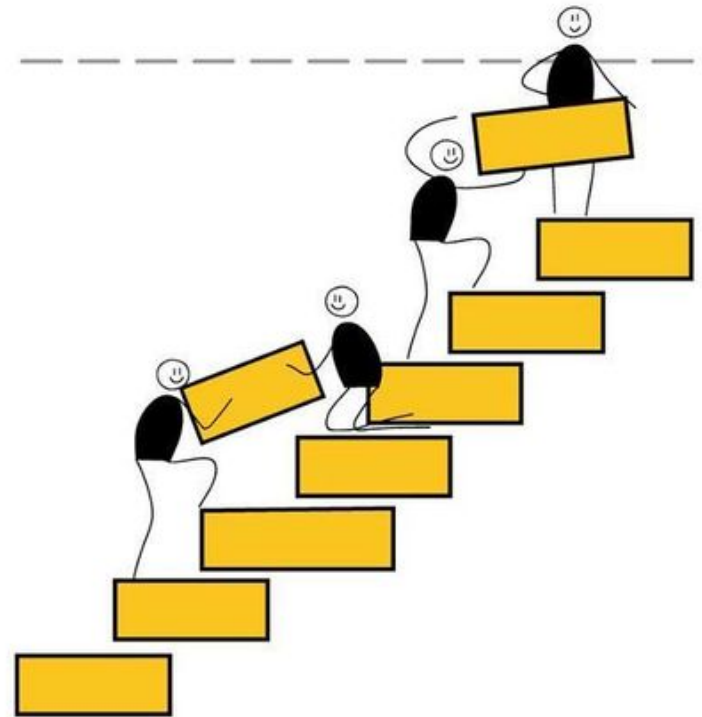
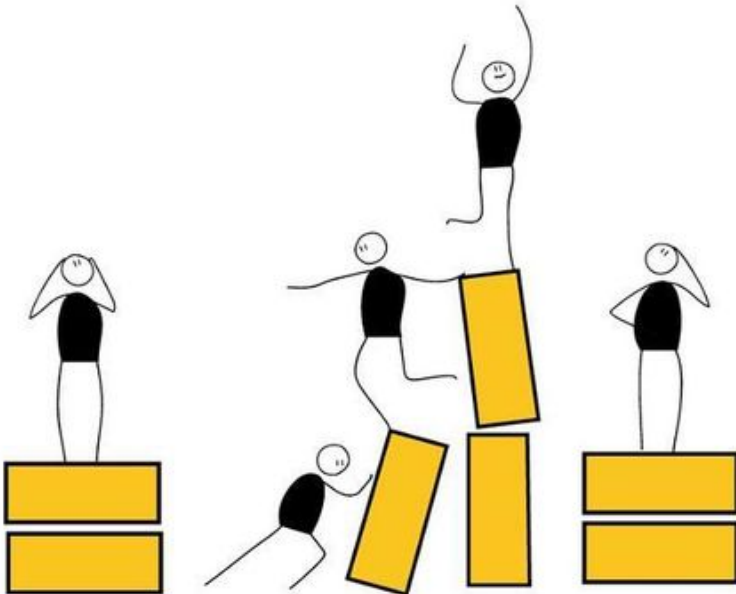


TEAM PERFORMANCE

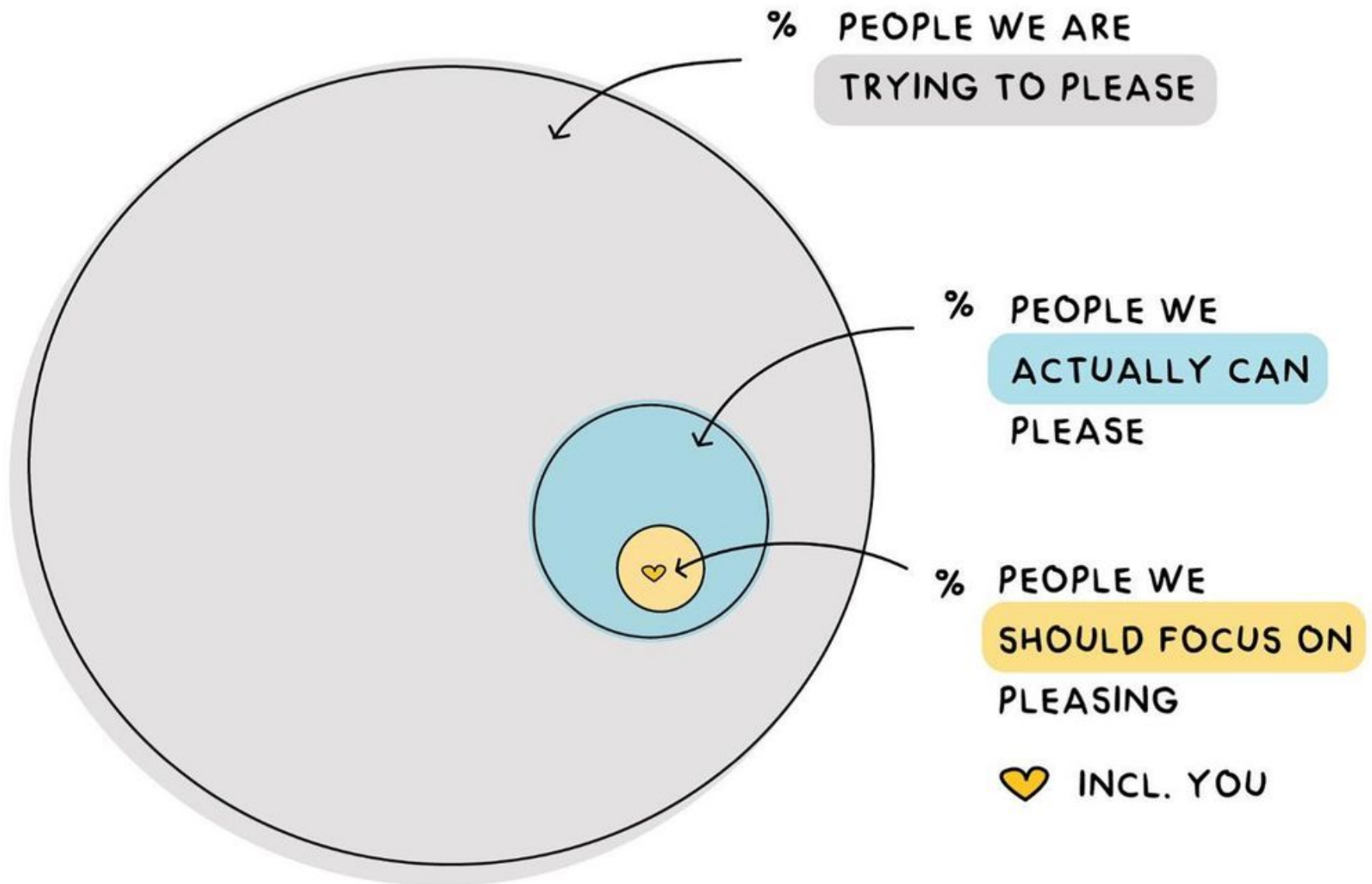
BUILT ON
COMPETITION

BUILT ON
COLLABORATION

----- SUCCESS -----

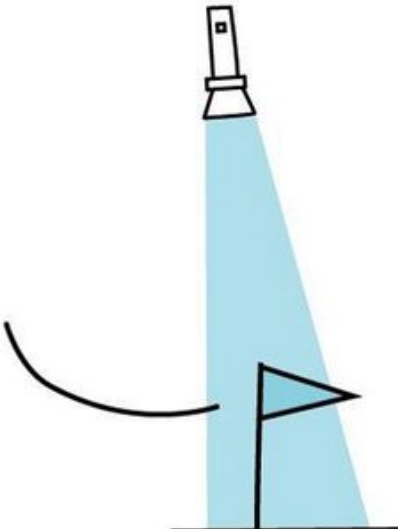


SELF CARE FOCUS



SATISFACTION

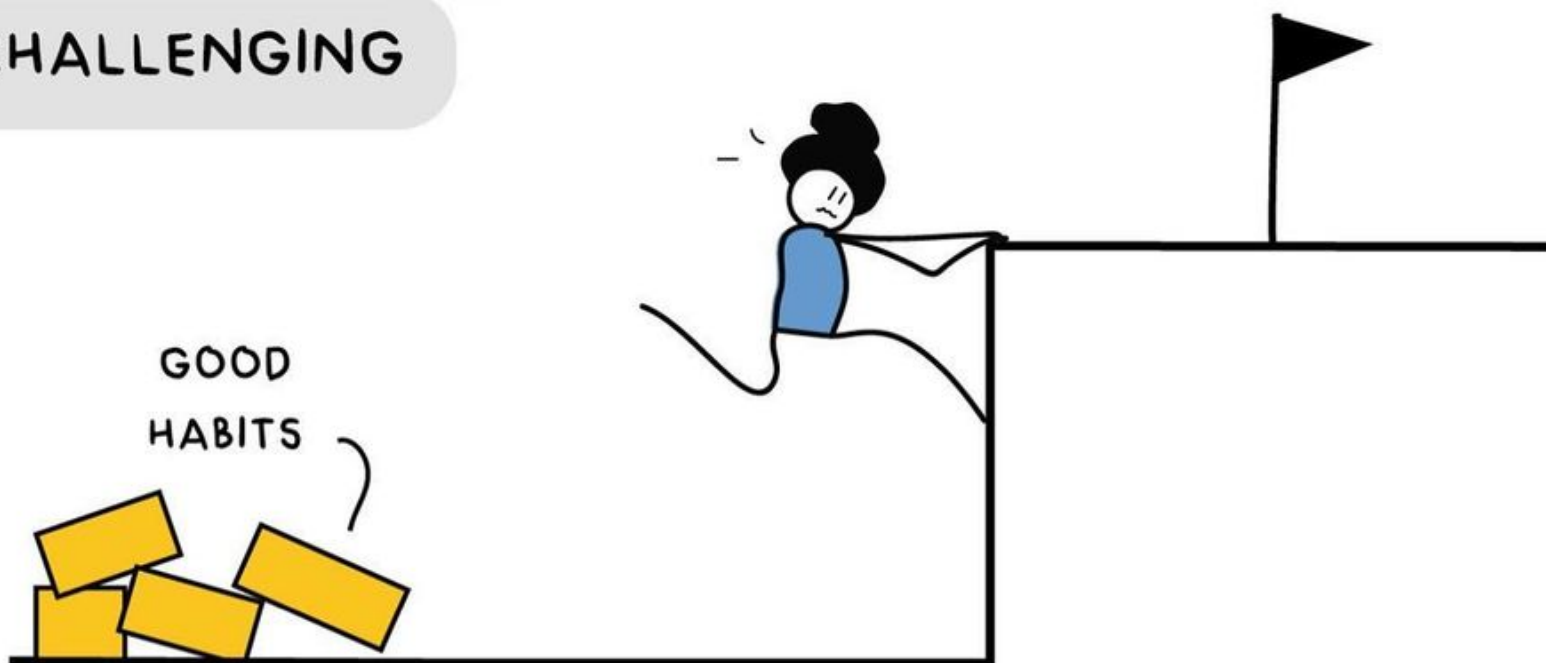
WHERE WE THINK IT IS



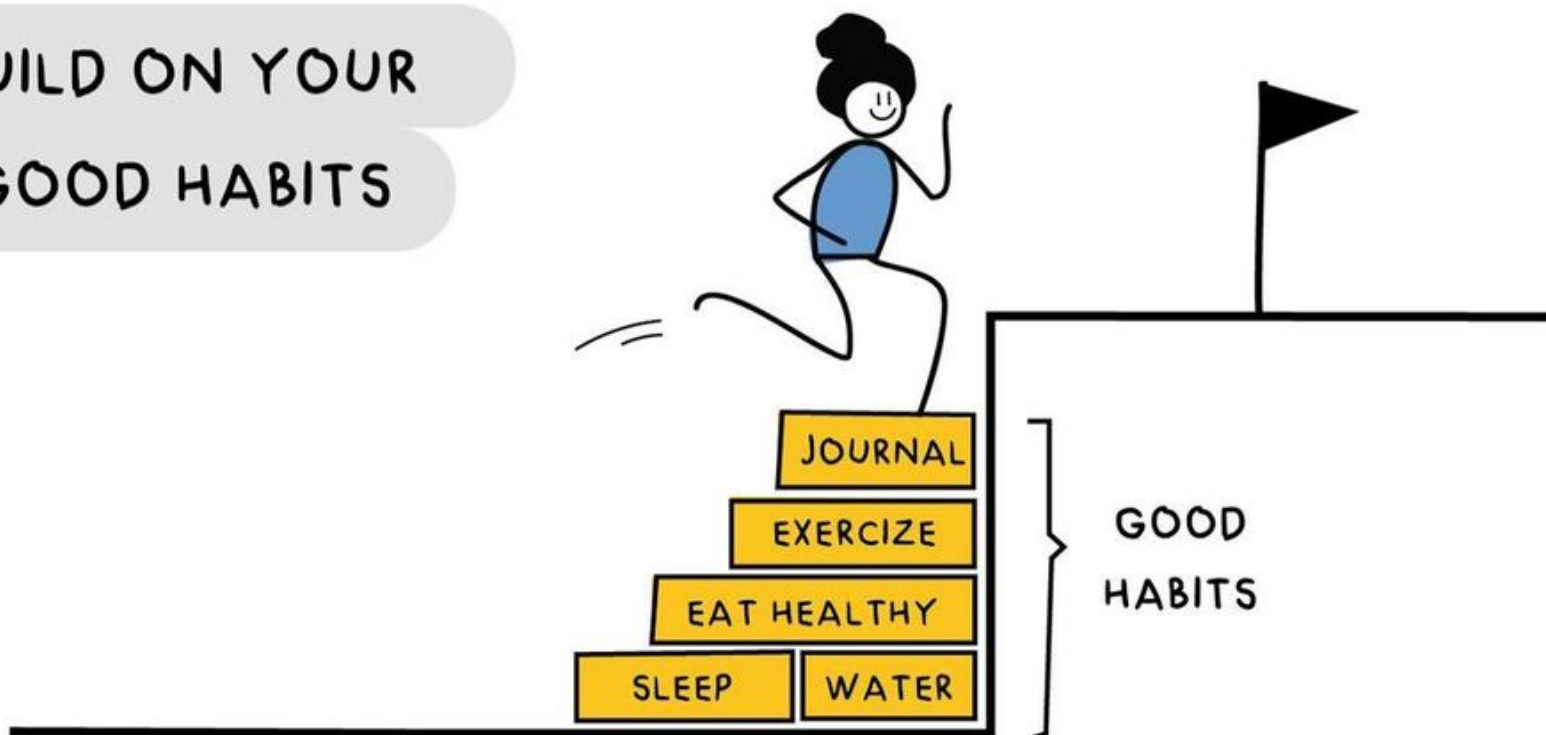
WHERE IT
ACTUALLY IS



WHEN TIMES ARE
CHALLENGING

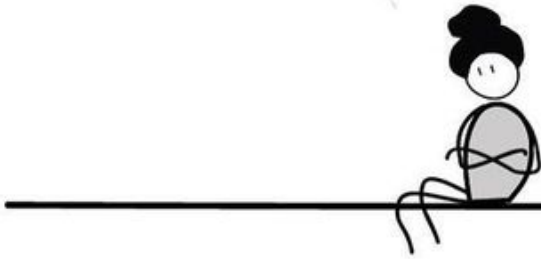


BUILD ON YOUR
GOOD HABITS



WHEN YOU HEAR
YOURSELF SAYING..

I CAN'T DO THIS



START SAYING...

HOW

CAN I DO THIS?

